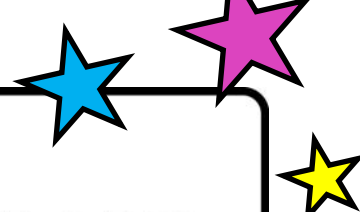


The Good News

First Presbyterian Church of Hudson Falls



“We’re making friends of ALL people through Christ.”

January 2019

Elder Thoughts - Irene Marshall

New Year Resolution Ideas for a More Meaningful Life

Have you ever made a New Year's Resolution? You probably didn't keep it and may have even felt guilty and like a failure. Resolutions can be simple like eating healthier or exercising more but as soon as you fall back into old habits, it's easy to feel discouraged and give up.

The best resolutions are elastic - they can't be broken by a single act. If you promise yourself that you won't eat in between meals, that first cookie ruins the resolution. If, on the other hand, you shift your focus to elastic , more spiritual resolutions, they can carry you throughout the year.

Below are some ideas:

1. Engage with people more than pixels. Make a promise of presence.
2. Increase your kindness. The act can be small or large - a gentle word or help with a heavy bag.
3. Choose someone to forgive. Hanging on to anger only hurts you. The more you forgive, the less the world can injure you.
4. In forgiving, include yourself. Have realistic expectations of yourself. Fight against perfectionism. Remember, you're human.
5. Invest in friendship. It is integral to human happiness and benefits you and your friend. Don't let the demands of modern life get in the way.
6. Refine a part of your personality. Don't rationalize 'that's just how I am'. Look inside. Change starts with you.
7. Give charity. The blueprint of creation gives us a 4,000-year-old solution to financial anxiety: charity.

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Church Office:

9 River St.,
Hudson Falls, NY 12839
747-3013

Open Tues-Fri, 10-2

Church:

5 River St.
747-2203

Rev. Michael Plank, Pastor

Home Phone: 636-3200

Pat Barron, Clerk of Session

Home Phone: 747-4573

Sunday Worship 10am

Nursery Care Available!
Church School K-8 (Sept—May)

Elder of the Month:

Irene Marshall

Trustee: Dale Dickinson

Care & Compassion:

Marie Mercure, Daryl Fowler,
Carol LaPoint

This newsletter is made possible through our giving to FPC Hudson Falls.

Pastor's Corner



Greetings friends!

As I write this, my fingers still ache a little bit in a way that tells me that 3 hours ago (when I was outside taking care of some neglected Fall yardwork), they were *very* cold. Once we hit mid-November, it seems like it got a lot colder than usual. There's an interesting thing that happens in the Bible where God is variously credited with and not credited with natural phenomena. In Ruth 1, for example, there is a famine in the land, though in Moab, "the Lord had come to the aid of his people by providing food for them" (v. 6). And in Psalm 147 it says that God "spreads the snow like wool and scatters the frost like ashes... who can withstand his icy blast?" (vv. 16-17).

Around this time of year I always realize that I have this secret assumption that all the beautiful weather is a gift from God and the cold weather is just a neutral (or negative!) fact of life. But maybe that's not true. The winter gives the earth a chance to rest of course. Snow laced on the tree branches is breathtaking of course. But even the cold itself makes us stronger (true story: there are countless tiny muscles in your body that activate hair follicles and shivering and thermal regulation that are only activated in cold weather).

Sometimes it's easy to remember and sometimes it's difficult, but even in the cold, short days of winter, God provides for us.

Peace,
Michael

Elder Thoughts - *Continued from front page*

8. Stop for a moment before you eat. Five seconds of contemplation or blessing can subvert the dominant diet/weight loss new year resolution idea.
9. Pay it forward. It can effect the world positively beyond human comprehension.
10. Listen. Truly. Don't always be thinking of your response.

So what will you do to become spiritually stronger in 2019?
Happy New Year. Hope this is your most meaningful year yet!

Peace, Irene Marshall



Lift Report - December Update

Good News!! The three-year Lift Fund Drive was finished in July. Many thanks to those who contributed to this worthy project!!

We have now finished paying off the \$60,000 loan by taking \$2,645.74 from the Memorial Fund, thereby finishing the loan in three years, which is TWO years ahead of schedule.

Again, THANKS to all who helped make this possible.

- Sue Gilbert

From the Office - A Small Miracle

First, the office wishes to thank the children and youth for donating so generously the gas cards, cash, bus tokens, and food this December. What a blessing to our neighbors! And here is a testimony to your generosity:

In the week immediately following the Children's Service, a woman came in asking for something specific. She needed help, in the form of \$9 and change, to pay the balance of her daughter's medication cost. Usually when someone comes to the office asking for help, they are inquiring about a \$10 gas

card or a \$5 money card. We do not routinely keep cash on hand, nor did the woman know what we had. Do you know how much cash had just been received from the children's collection? Exactly \$10.00. I pulled it out of the drawer and gifted it to her. It was clear to me that Someone was looking out for her.

- Jen

From the Stewardship/Budget/Finance Committee

"For I was hungry and you fed me."

-- *Matthew 25:35*

We often think of 'Stewardship' as the time of year we ask for pledges to maintain our budget. But Stewardship is more than that! Think about this: Many people in our community experience real hunger. Have you ever been really hungry, not just "I'm hungry... there's nothing in the cupboard or refrigerator that I want hungry?" But there truly is NOT anything in the refrigerator or cupboard. Both are empty. As Jesus did, we can

offer people kinds of nourishment. Donate your favorite nonperishable items to our food pantry in the church house, especially peanut butter, tuna, canned chicken, pasta, mac and cheese, or donate money specifically to purchase Stewart's Coupons or bus tokens. Also helpful are things like soap, shampoo, deodorant, laundry detergent, feminine hygiene products, which cannot be purchased with SNAP (formerly called Food Stamps). Thanks to Irving Tissue, we can give facial tissue and toilet tissue. Our little food pantry helps many in our community.

Session Notes

The regular meeting of the Session of the First Presbyterian Church of Hudson Falls, NY was held on December 13 at 7:00 PM beginning with **worship and Communion**. The reading was **Psalm 147 12-20**.

Visioning: Review of how we are encompassing the community and visitors: Food pantry in our office, Locktoberfest bounce house; friendly greetings and introductions to all who come; gift bag to those visiting for the first time.

Pastor's Report: -Speaking with Nicole Richardson from Heartland Presbytery Kansas about New Worshiping Communities
-Calling Rabbi Norman Mendell to establish ties and express condolences after the Pittsburgh shooting
-Meeting with Leonard Sponaugle from Albany Presbytery's Committee on Church Vitality and Development to update him on Underwood Park CrossFit's New Worshiping Community life
-Meeting with Ted Wright from Albany Presbytery's Committee on Mission to update him on Underwood Park CrossFit's New Worshiping Community life
-Baptized Amy Grace Pratt dob 12/16/2017; at Glens Falls Hospital; Parents: Janet Laura Baker and Michael Anthony Pratt. 12/2/2018

Clerk's report: Correspondence: Thank you from **Mariko Fukuoka** for helping her with her research on Townsend Harris
Thank you from Wash Co DSS Food pantry for the donation of \$41

Attendance: 11/4 – 67; 11/11 – 54 (Veteran's Day and Consecration brunch); 11/18 68; 11/25 - 50 (Thanksgiving weekend); Average for November: 60. Communion 12/2 61

Committee reports:

Care and Compassion is providing a small Christmas gift to the shut-ins they serve.

Worship: Worship committee met in November to finalize flower orders prep and what needs to be done for advent. We had about 15 volunteers help with setup on Dec. 1. Flowers will arrive on Dec. 22. We are set for advent. Rev. Mi-

chael securing readers for advent candles. Next meeting will be in January 2019.

Outreach and Mission: Zac intends to work with the committee to support our Borderlinks planning as well as our work on Immigration Education, as it makes the most sense for O&M to closely work with the Borderlinks committee. Hunger fund November \$35.79; DSS Food Pantry \$41

Christian Ed: Hanging of the greens went well. The children came up with some very cool crafts. There were approx. 40 people present. The children have come up a different service for the 16th and they are very excited to share it with everyone. Sunday school and youth group have been learning about prayer. It has been an incredible start to the year.

Old Business: Update from Borderlinks committee- they will begin planning in January. October visit confirmed.

New business: *Budget presentation by Sue Gilbert. Motion to accept the budget for 2019, seconded and passed unanimously and will be presented to the congregation at the Congregational meeting.

*Terms of Call by Personnel; these will be presented at the Congregational meeting, and voted on at that meeting.

*Congregational meeting to present budget and Terms of Call will be December 23 immediately following worship.

Luminaries will be set up Christmas Eve. We will continue to use the buckets and candles we have.

Pat Barron, Clerk

Trustee Notes

TRUSTEE MINUTES, December 4, 2018

The Board of Trustees held their regularly scheduled meeting in the church house conference room.

Present were Dale Dickinson, Dave Trevett, Ron Shaffer, and Bill Scheidegger

The minutes of the last meeting were read and approved.

The treasurer's report was also read and approved.

The following items were discussed and /or actions were taken:

1. Painting of the church fellowship room is progressing. We will be inspecting unfinished areas in the room, deciding which areas will be painted and what color be-

fore going out for quotes.

2. The emergency lights were repaired in the church and church house in preparation for the village inspection.

3. The two defibrillators units need to be updated every two years and the cost for batteries is \$150 and the cost for pads is \$140 per unit. These items were purchased.

Meeting was adjourned at 8:00

The next meeting will be January 8th, 2019

Dale Dickinson, President

Dave Trevett, Secretary

Meet Our New Music Director



Jodi Leight, originally from Brewster, New York, has called the Capitol Region home for the past 25 years. Jodi received her bachelor and master degrees in Music Education from the College of St. Rose and has been the High School Choral Director at Schuylerville Central School for almost 2 decades. During her time at Schuylerville, Jodi has directed numerous musicals and plays as well as run the select vocal groups. Jodi has been involved in church music all of her life and is grateful to have the experiences of playing and directing music in many different denominations.

Jodi would like to thank everyone for such a warm welcome and is very excited to have the opportunity make music together!

Monthly Scripture Readings

January 2019 Revised Common Lectionary for Sundays and Festivals

[Year C]

JANUARY

Epiphany of the Lord—January 6

Isaiah 60:1–6

Psalm 72:1–7, 10–14

Ephesians 3:1–12

Matthew 2:1–12

Baptism of the Lord—January 13

Isaiah 43:1–7

Psalm 29

Acts 8:14–17

Luke 3:15–17, 21–22

Second Sunday after Epiphany—January 20

Isaiah 62:1–5

Psalm 36:5–10

1 Corinthians 12:1–11

John 2:1–11

Third Sunday after Epiphany—January 27

Nehemiah 8:1–3, 5–6, 8–10

Psalm 19

1 Corinthians 12:12–31a

Luke 4:14–21

Sermons are posted on
our website!

Read or hear the weekly
sermon and read our
monthly newsletter.

fpchudsonfalls.org





2018 Christmas Flowers are:

In Honor Of Given By

Peg & Kathie Diane Lapan

In Memory Of Given By

James Trevett His Siblings

James Trevett His Parents

Helen & Jack Trevett Trevett Family

Shirley & Spence Trevett Family

Helen Dickens Ron Dickens

Cy Bertok Ron Dickens

Laurence & Nellie Ron Dickens

Edgar & Eva Dickens Ron Dickens

Aliza Dayem The Grogan/Planks

The Neve Family The Coto Family

The Coto Family The Coto Family

The Tassyam Family The Coto Family

Thank you for all the donations of poinsettias.

In Memory Of Given By

Doug MacIntosh Diane MacIntosh

Gavin & Mary MacIntosh Diane MacIntosh

Edward & Kathleen Vincent Diane MacIntosh

Rusty Graham His Family

Dad Becky

John Whittington Jason & Suzi

Gilbert & Sweet Families Sue & Roger Gilbert

Deceased Members Presbyterian Women

Jim Barron Pat Barron

Deceased Summers & Barron Family Members Pat Barron

Marilyn LaPoint Kelly & Carol LaPoint

Clara Bogardus Kelly & Carol LaPoint

Barbara & Wallace MacDonough Diane Lapan

Bancroft & Story Family Barb & Tom Newton

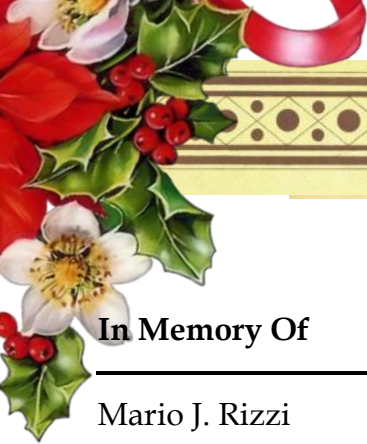
Hohmann & Newton Family Barb & Tom Newton

My Parents, Robert & Gerry Wing Robin Boisvert

James Trevett Robin Boisvert



Continued, Next Page...



Christmas 2018 Flowers are:

In Memory Of	Given By
Mario J. Rizzi	Donald & Irene
Arnold & Ruth Marshall	Donald & Irene
Jim Barron	Mike & Jane Barron
Hal & Phyliss Lundgren	Mike & Jane Barron
Mosher & Shaffer Family	Ron & Norma Shaffer
James Trevett	Ron & Norma Shaffer
Jonathan Winne	Roberta Winne
Gary Hayes	Tammy Madison
Louetta Hayes	Tammy Madison
Peggy & Andy York	Tammy Madison
Robert Cummings	Tammy Madison
Walter "Rusty" Graham	Mary Graham
Ron Moss	Loving Moss Family Members
Jim & Alice Doyle	Loving Moss Family Members
Dorothy Moss	Loving Moss Family Members
Goodwill Donation	Melanie Hastings

In Memory Of	Given By
Lyle & Lillian Dickinson	Dale & Mary Dickinson
Gary Dickinson	Dale & Mary Dickinson
Kenneth Andersen	Dale & Mary Dickinson
John Virum	Dale & Mary Dickinson
Howard & Dorothy Hanna	The Fowler Family
Richard Hanna	The Fowler Family
Marie Fowler	The Fowler Family
Our Parents	Steph & Wes Ecker
Janet VanDeusen-Merrill	Steph & Wes Ecker
Justin Rabideau	Stu & Jen Douglas
Elaine Measeck	Donna Measeck
Gert & Edgar Garling	Donna Measeck
George & Frances Cummings	Jim & Carol Hirst
James & Mary Hirst	Jim & Carol Hirst



Prayer Chain

For prayer requests, please call one of the people on the following list. That person will call the next person, and the last will call the first, so all members of the chain receive the request:

Pat Barron	747-4573
Windy Clark	926-0523
Mary Dickinson	792-0654
Daryl Fowler	747-5876
Connie Fuller	747-5259
Carol Moyer	793-1960
Bonnie Trevett	747-4530

Care & Compassion

Dec. 23 - Jan. 5	Marie Mercure
Jan. 6 - Jan. 19	Daryl Fowler
Jan. 20 - Feb. 2	Carol LaPoint
Feb. 3 - Feb 16	Bonnie Trevett
Feb. 17 - Mar. 2	Norma Shaffer
Mar. 3 - Mar. 16	Jim Hirst
Mar. 17 - Mar. 30	Roberta
Mar. 31 - April 13	Pat Barron
April 14 - April 27	Heather Fowler
April 28 - May 11	Daryl Fowler
May 12 - May 25	Carol LaPoint
May 26 - June 8	Bonnie Trevett
June 9 - June 22	Norma Shaffer

Coffee Hour



Jan. 6	The Millers
Jan. 13	Volunteers Needed
Jan. 20	Volunteers Needed
Jan. 27	Diane Lapan & Diane MacIntosh

Thanks to all who have volunteered! Please sign up in the Narthex or kitchen if you'd like to volunteer next month.

Adult Fellowship

Upcoming Dates 2018 - 2019 - Mark Your Calendars!

(January - February - March ~ No activities planned)

Saturday, April 27 - **Dinner at Sweet Basil's**

May - TBA - **"Old Friends at Saratoga"** Greenfield Center & Lunch - Families Invited

June - TBA - **Roger's Island Museum**, Ft. Edward & Lunch at Anvil Inn

Saturday, July 20th at 1:30 pm, **Lake Party at the Gilberts'**

Saturday, August 17th at 1:30 pm, **Pool Party at the Otoupals'**

September -TBA- **SUNY ACC Culinary Institute Dinner**

October 19th at 5:00 pm, **Progressive Dinner** - Hosts TBA

Curb the Robo Calls! - Pat Barron

Are you tired of those robo (computer) calls you constantly receive??? There is help!

Note from **Consumer Reports**:

Nomorobo: Free. Blacklist/whitelist. (for landlines) Nomorobo intercepts all calls after the first ring, compares the number to its vast list of [robocall originators](#), and decides whether to let the call go through. Recipients hear the first ring; if the call is legitimate, the phone rings normally. Among 40 testers, 25 gave Nomorobo top marks on a scale of 1 to 5, and nine rated it 4.5 or 4. Sometimes it will block a doctor's office or something you want to receive, because those are often sent via computer. You need to add that number into your phone as a legitimate call, and it will go through. (I had a doctor's office send a 'robo call' to confirm an appointment. I

just plugged in their number and labeled it and now that call comes through.)

For **landlines**: To sign up: (there is no charge for landlines) Visit

<https://www.nomorobo.com/signup>

You will be directed to find your landline carrier, such as Spectrum (formerly Time Warner for around here), Verizon, AT&T, etc. then enter your email for your Spectrum account, then follow directions from there.

For **cell phones**: there is a place to check on the above sight for Google Play or Apple App Store, Try it free for 14 days - only \$1.99/month after.



Women's Association

The **Spring 2019 Rummage Sale** will be held **May 16th - 18th**. Donations for spring are now being accepted!

Prayer Shawl Ministry & Craft Night

Do you like to knit or crochet? Would you like to learn? How about joining the Prayer Shawl Ministry Group? We meet on the first Thursday of each month. Yarn, hooks, needles and instruction are all available.

If you like doing crafts but aren't into knitting or crocheting come to "Any Craft Night" on the third Thursday of each month. Bring a craft to work on while enjoying wonderful fellowship.

Prayer shawls and lap blankets are available. If you know of someone who would benefit from the love, warmth and prayers that are worked into each one, please contact the Church Office or complete a request card (located in the narthexes).



Questions?

See Diane Lapan, Diane Macintosh, Mary Dickinson or Sue Gilbert.

Newcomers are always welcome!

- **Prayer Shawl**
Jan. 3 @ 7pm
- **Any Craft**
Jan. 17 @ 7pm



Birthdays & Anniversaries

Happy January Birthday to:

1	Serah Lundgren	24	Lee Ecker
3	Janet Pratt	25	Kenneth Nichols
3	Jonathan Barron	25	Kristine Trevett Jones
8	Christina Graves	26	Sue Palmer
9	Dolores Dingmon	31	Marcia Formichelli
12	Miyun Santalucia		
13	Andrew Mager		
13	Isaac Bancroft		
21	Kyle Trevett		
21	Daisy Rhau		
23	Adam McConchie		

Happy January Anniversary to:

Wes & Stephanie Ecker (Jan. 7th)

Amazon Shopping



The church has set up an account with Amazon Smile where Amazon donates 0.5% of the purchase to our church at no cost to you or the church. In order for us to receive a donation when you shop at Amazon login into smile.amazon.com and you will see a spot when you can donate to a charitable organization. Just type in “**First Presbyterian Church of Hudson Falls**” and our church name will pop up with our address of 9 River St., Hudson Falls, NY 12839. Shop as normal and our church will receive a donation from your purchase. We have received over **\$114.93** this year to date.

Prayers & Concerns

Each month we'll list all of the people that we've had in our prayers for the past month. If you'd like to add someone to our weekly list, please place their names in the offering plate during Sunday Worship, or call the church office at 747-3013. Please notify when name is to be removed.

Hospital Admittance Update

Due to HIPAA (Health Insurance Portability and Accountability Act) the First Presbyterian Church will not be notified if you, or a loved one, are hospitalized. **Please call the Church Office (747-3013) to let us know that you, or a loved one, have been hospitalized.** When admitted, be sure to list Hudson Falls First Presbyterian Church as your affiliate and **give permission to release the information so that Rev. Plank or a member of the Care and Compassion Committee can visit.** **Otherwise, your admittance and room number will not be available.**

Those in Our Prayers

Family of Gary Northrup

Emily Hilder
 Timothy Oathout
 Cindy French
 Paula Coon
 Hayes Doster
 Adam Omiecinski
 Alisha Ingram
 Alonzo Clark
 Andrew Blalock
 Bentley Smith
 Breanna Ruffing
 Brian Peceu
 Bruce Barron
 Carolyn Spangler
 Chuck Bailey
 Clute Family

 Dottie DeMell
 Florence Phillips
 Gary & Dolores Dingmon
 Helen Rauch
 S. Jane Story
 Steve Rice

Pat and Don Hassett
 Jim Hirst
 John Coon
 James Harney
 Janet Monroe
 Jerry Sweet
 Jim and Becky Smith
 Kathy Harrison
 Kathy Nolte
 Kathy Rezendes
 Keri Rooks
 Lacy O'Quinn
 Linda Honaker
 Margot Vankempen
 Marian Lemery
 Mary Carpor
 Pam Corenetto
 Rebecca Rozell
 Rene Peceu
 Rita French
 Rob Mackle
 Robert Smith
 Tanya VanVranken

For Longterm Consideration

Edward Thompson
 Kathleen McKernon
 Jean Wood
 Nancy Ellis
 Elaine Fitzgerald
 Lukas Lemery
 Dawn Bishop
 Virginia Fitch
 Deborah Scarpetti
 Those In The Armed Services
 Hunter Chase
 Volunteer Firefighters
 Carol LaPoint
 Government Leaders
 Emergency Medical Technicians

 Jane Stuebing (Martin)
 Edna Sheldon
 Kendall & Cindy McKernon

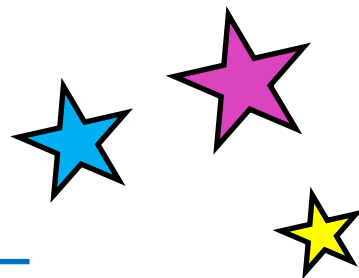
(Bold = New this Month)
 12/28/2018

In Nursing Homes:

Jane Stuebing (Martin)
 Judy Bronk
 Cindy McKernon

First Presbyterian Church of Hudson Falls

January 2019



Sundays

10 am, Worship

Sunday, Jan. 6 - Final Bible 101 after Service,

Mondays

8 pm, AA - Fellowship Hall

Tuesdays

6 pm, TOPS

6:30 pm, OSC

7 pm, AA - Fellowship Hall



Wednesdays

7 am, AA Meditation -- Classroom

10 am, Exercise Group -- Fellowship Hall

Thursdays

8 pm, Al Anon -- Classroom

Jan 3, Prayer Shawl, 7 pm

Jan 8, Trustees, 7 pm

Jan 10, Session, 7 pm

Jan 17, Craft Night, 7 pm

Saturdays

10 am, AA -- Lounge

